

**ISLAM is the divine way of life that was sent down by Allah our Creator through his Prophets or Messengers, men who conveyed upon us the Truth about the Purpose of life for people who have belief and who have the intellect. It is only Allah our Creator who can put that light in a person's heart to believe**

# GUIDE TO LIVING IN THIS EARTH

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ALLAH “our Creator says in  
the AL-QUR’AN:  
(2:2)Surah AL-Baqarah  
“This is the Book about which is  
no doubt, a guidance for those  
conscious of ALLAH”

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# Guide to living in this earth

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## FOREWORD

Bismillahir rahmanir rahim.

Praise be to Allah SWT, Lord of the entire universe. This little book explains the true meaning of Islam. In Al-Quran Surah Al Imran 19, Allah says:

“Indeed, the religion (which is pleasing) with Allah is only Islam. There is no difference between those who have been given the Book except after knowledge has come to them, because of the envy (that exists) between them.

Whoever disbelieves in the signs of Allah, and then indeed Allah is swift in reckoning. Thus, if in the sight of Allah only Islam, then what is Islam really? A question that is quite concise, but requires answers from various points of view in order to get a true and complete picture of Islam, because the word Islam is not repeated once or twice in the Qur'an. Does the word Islam that is revealed in a number of verses of the Qur'an always refer to Islam as a religion that was revealed to the Prophet Muhammad? Similarly, who deserves to be called a follower of “Islam”?

The word Islam as a religion is mentioned in the Qur'an in Surah Al Maidah verse 3, which means: "Today I have perfected your religion for you, and



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The word Islam as a religion is mentioned in the Qur'an in Surah Al Maidah verse 3, which means: "Today I have perfected your religion for you, and have completed My favor upon you, and have pleased Islam as a religion for you."

Then in Surah Ali Imran verse 9 which means: "Indeed the religion with Allah is only Islam." Then it is also mentioned in Surah Ali Imran verse 85 which means: "And whoever seeks a religion other than Islam, it will not be accepted from him, and he will be among the losers in the Hereafter."

Terminologically (term, meaning) it can be said that Islam is a revealed religion with the core of monotheism or the oneness of God revealed by Allah SWT to the Prophet Muhammad SAW as His last messenger and applies to all humans, wherever and whenever, whose teachings cover all aspects of human life. The revelation sent down by Allah SWT to His Messenger to be conveyed to all mankind throughout the ages and every era.

A system of beliefs and rules that regulate all human life and livelihoods in various relationships: with God, fellow human beings, and other nature. Aims: the pleasure of Allah, mercy for all nature, happiness in this world and the hereafter. Broadly speaking, it

consists of aqidah, sharia and morals. Sourced from the Holy Qur'an which is a codification of Allah's revelations as a complement to previous revelations interpreted by the Sunnah of the Prophet Muhammad.

Islamic terminology in language (literally) has several meanings. These meanings have to do with the source of the word "Islam" itself. Islam consists of the basic letters (in Arabic): "Sin", "Lam", and "Mim". Some words in Arabic that have the same basic letter as "Islam", have a meaning related to Islam. From there we can know the meaning of Islam in language. So, the linguistic meanings of Islam include: Al istislam (surrender), As salamah (cleanliness), As Salam

(safe and prosperous), As Silmu (peace), and Sullam (stairs, gradually, or tadaruj). a. Al-Istislam (surrender) Al-istislam also has the same basic letters as "Islam", namely Sin, Lam, and Mim. So that Al isti Islam or surrender

Alhamdulillah, this little book can be published as a short guide for us who live on this earth.

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**Prof. Dr. Eddy Syarif**  
Eddy syarif.com



# **Guide to living in this Earth**





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Prof. Dr. Eddy Syarif

# Guide to living in this Earth

**This book is a brief guide to living in this earth. It consists of four chapters.**

The first chapter explains that the divine way of life is from Islam; we then ask?

Is the Qur'an truly the word from our CREATOR, revealed by the Prophet?

Is Muhammad PBUH truly a prophet sent down by our CREATOR?

Is Islam truly way of life or religion from our CREATOR?

1. What ISLAM is?

- What is IMAN?
- Who is IHSAN?

2. General information on ISLAM.

- Explanation AL-Quran for parent and Children In Islam.
- **Explanation AL-QURAN for Women in Islam**
- **Importance of Wearing Hijab for Women.**
- **Social Benefits of Wearing Hijab for Women.**
- **Scientific benefits of wearing Hijab**
- **Husbands are guardian of their Families.**

3. Introduction MUSLIM.

4. Who is MUSLIM?



## 1. What ISLAM is?

### ISLAM is penetrate through AL-QUR'AN and Hadeeth.

ISLAM is the divine way of life that was sent down by Allah our Creator through his Prophets or Messengers, men who conveyed upon us the Truth about the Purpose of life for people who have belief and who have the intellect. It is only Allah our Creator who can put that light in a person's heart to believe. The Al-Qur'an mentions 25 person Prophet and Messengers, and Hadeeth of Prophet Muhammad PBUH mentions there are 124 000 Prophets of Allah our Creator, but the success of Muhammad PBUH peoples is what will be highlighted.

Islam is the Law from Allah our Creator.

Allah our Creator is the **one unique God Who no equal**. As Allah our Creator says in the **Holy Qur'an (112 Surah AL-Ikhlās)**

1. Say: He is Allah our Creator, the one and only.
2. Allah our Creator, the Eternal, Absolute.
3. He begetteth not, nor is He begotten.
4. And there is none unto Him.

### Explanation Qur'an (112:1-4) Surah AL-Ikhlās.

We look at the theory of One, but when you look at the concept from a worldly point of view, anything can be one. But in Islam, Allah our Creator is just described as THE ONE in the concept of how HE does not come close to our imagination of HIM. He is the one that ETERNAL, meaning he does not have a parent, nor he ever had any



children and “HE IS UNIQUE” and does not resemble any of HIS creation.

Al-Qur’an and Hadith of the Prophet Muhammad PBUH are guides and the Quran is guidance and a miracle that will remain until the Hereafter.

Allah also teaches us to supplicate towards Him in the first chapter of the Qur’an: Surah Al-Fatihah (1:1-7).

1. In the name of Allah, the Entirely Merciful, the Especially Merciful.
2. In the name of Allah, the Entirely Merciful, the Especially Merciful.
3. All] praise is [due] to Allah, Lord of the worlds - The Entirely Merciful, the Especially Merciful,
4. Sovereign of the Day of Recompense
5. It is You we worship and You we ask for help.
6. Guide us to the straight path –
7. The path of those upon whom You have bestowed favor, not of those who have evoked [Your] anger or of those who are astray.

**In the prayers**, which are made at least **5 times** a day, and the **Al-Fatihah is recited at least 17 times** a day, Muslims recite to what means:

**Verily, I have turned my face towards Allah who created the Heavens and the Earth, worshipping none but Allah alone, and I am not of the hypocrites. Verily, my prayer, my sacrifice, my living, my dying is for Allah the Lord of the Worlds.**



**He has no partner. And of this I have been commanded, and of the Muslims. (Surah Al-An' am: 6:162)**

**It is also supplicated in prayers that:**

I ask to be guided to the straight path, and ask to not be of those who forget the deen for worldly gain.

We ask Allah to make us sincere and steadfast in our actions, and to not become complacent and engulfed in worldly gain.

If we are able, have mercy on those who are in need and be generous to them, and avoid being greedy towards them.

Prophet Muhammad PBUH mentioned in **Hadeeth Muslim will be split 73 sects** and the only one name of **Muslim only** that Allah our Creator will accept and will be pleased, Al-Qur'an mentions in so many places, **we then ask?**

That 72 sects are will be “condemned” by Allah our Creator. These labels distance us away from Islam, because these are incorrect innovations; which potentially lead to the evil misleading “factionalism”.

There are so many reasons, which are attributed for “political gain” and a particular purpose; there has been a split 72 sectors of Islam which include Shiah, Salafism, Sufism, Sunni, Islam democratic, Islam Nusantara, Islam Liberal and so on.



**Dalil, Al-Qur'an (6:159) Surah Al-An'am.**

**As for those who divide their religion and break up into sects, thou hast no part in them in the least: their affair is with Allah: He will in the end tell them the truth of all that they did.**

**Explanation is found in a ZAKIR NAIK video. NO SECTS in ISLAM - Dr Zakir Naik (<https://youtu.be/nDwjhq9UFnE>)**

\*To sum up, Allah our Creator created specifics for all his creations, that humankind which are miracles in themselves. Allah our Creator have us **5 principles** to live by as a guide: **1. To bear witness to Allah our Creator and His Messenger, 2. the daily Prayers, 3. Charity, 4. Fasting in Ramadhan, and 5. Hajj.**

➤ Explanation AL-Quran for parent and Children in Islam.

**\*What is also important is the relation between "Parents and Children" in Islam.** (Dalil is Qur'an 31:14, 17:23, 24, 2:83, 66:6)

Parents and children in Islam, in the Qur'an Allah says:

**Qur'an (31:14) Surah Luqman.**

And we made it a duty for man to be good to his parents. His mother bears him with one fainting spell after another, while his weaning takes two years. Thank Me as well as your parents; towards Me lies the goal.



### Qur'an (17:23, 24) Surah AL-Isra'

And your Lord has decreed that you not worship except Him, and to parents, good treatment. Whether one or both of them reach old age [while] with you, say not to them [so much as], "uff," and do not repel them but speak to them a noble word.

And lower to them the wing of humility out of mercy and say, "My Lord, have mercy upon them as they brought me up [when I was] small."

*Most important thing to know is that by pleasing the Parents means that one pleases Allah as well.*

### Qur'an (2:83) Surah Al-Baqarah.

And [recall] when We took the covenant from the Children of Israel, [enjoining upon them], "Do not worship except Allah; and to parents do good and to relatives, orphans, and the needy. And speak to people good [words] and establish prayer and give zakah." Then you turned away, except a few of you, and you were refusing.

**["Be kind to your parents and the relatives and the orphans, and those in need and speak nicely to people."]**

### Qur'an (66:6) Surah Tahrir.

O you who have believed, protect yourselves and your families from a Fire whose fuel is people and stones, over which are [appointed] angels, harsh and severe; they do not disobey Allah in what He commands them but what they are commanded.





## “Hadeeth of Prophet “MUHAMMAD PBUH “

\*A man asked the Prophet, “O messenger of Allah! Who deserves the best care from me?” The Prophet said, **“Your mother.”** The man asked, “Who then?” The Prophet said, **“Your mother.”** The man asked once more, “Who then?” **“Your mother.”** And the last The Prophet then said, **“Your father.”** (Sahih Al-Bukhari)

\*The Prophet said, “Be careful of your duty to Allah and be fair and just to your children.” (Sahih Al-Bukhari)

\*Prophet Muhammad said, “Paradise lies at the feet of your mother.” (Nasa’i)

\*Prophet Muhammad said, “No father can give his child anything better than good manners.” (Tirmidhi)

\*Prophet Muhammad said, “He is not one of us who has no compassion for our little ones and does not honour our old ones.” (Tirmidhi)

### **Please visit**

Parent~Child Relationship - Mufti Menk (Part 1/3) <https://youtu.be/WcXSOUiZNus>

Peace Vision of Islam by Dr Zakir Naik | Part 01  
<https://youtu.be/CIAC-GDFjqA>

### ➤ **Explanation AL-QURAN for Women in Islam**

*\*What is also important is for women to wear the Hijab and covering appropriately. If women are married one of the most important things to know is to please the*



*husband is the please Allah or Ridho husband is Ridho Allah so if the wife going out or working has to be permission of the husband, the lastly the man and women haram to shake hand each other except for the mahram.\_ (Dalil Qur'an 33:59 and 24:31)*

A woman in Islam, in the Qur'an Allah says:

**Qur'an (33:59) Surah Al-Ahzab.**

O Prophet! Tell thy wives and daughters, and the believing women, that they should cast their outer garments over their persons (when abroad): that is most convenient, that they should be known (as such) and not molested. And Allah is Oft-Forgiving, Most Merciful.

**Qur'an (24:31) Surah An Nur**

And tell the believing women to reduce [some] of their vision and guard their private parts and not expose their adornment except that which [necessarily] appears thereof and to wrap [a portion of] their headcovers over their except to their husbands, their fathers, their husbands' fathers, their sons, their husbands' sons, their brothers, their brothers' sons, their sisters' sons, their women, that which their right hands possess, or those male attendants having no physical desire, or children who are not yet aware of the private aspects of women. And let them not stamp their feet to make known what they conceal of their adornment. And turn to Allah in repentance, all of you, O believers that you might succeed.



### ➤ **What is IMAN?**

**IMAN** means faith. Generally, Iman includes faith in fundamental issues of Islam. The phrase 'human values' means values related to men in society. It means that human values imply only those features and qualities that adorn a man.

### **Six pillars of IMAN in Islam, as follows:**

- **Believe in Allah, the only God. ...**
- **Believe in Angels. ...**
- **Believe in the Holy Quran. ...**
- **Believe in Prophets of Allah. ...**
- **Believe in the Judgment Day. ...**
- **Belief in God's predestination (Qada and Qadar)**

### ➤ **Who is IHSAN?**

**IHSAN. In Islam**, Ihsan is the Muslim responsibility to obtain perfection, or excellence, in worship, such that Muslims try to worship God as if they see Him, and although they cannot see him, they undoubtedly believe that He is constantly watching over them and this “Muslim higher and strong IMAN”.

### **Please visit:**

The Signs Of Strong IMAN (Faith) | Powerful Reminder  
[https://youtu.be/cP4\\_Lm2wH8g](https://youtu.be/cP4_Lm2wH8g)



## **2. General information on ISLAM**

**#More ponders about Islam.**

**Islam is the Law of Allah our Creator who created everything, so we have to strengthen our faith.**

**THERE is no doubt** that the universe is totally controlled by the Great Creator (God or Allah).

So that all of the creation from the angels down to the animals are in submission to Allah (Muslim). Humans are the greatest of Allah's creation, and created humans with intellect making us accountable for our actions.

Many people today, including Muslims, do not bother and sisters trying to understand how a Muslim should think a rising problem today is that more people do not want to learn.

Allah created everything in this universe, from humans' animals, plants, soils, air, water, etc., where everything was made or created from water. Concerning the creation of humans, Allah created or made all things in an excellent phase and the first step of human creation was fashioned from clay. These steps include the creation of Man from spurting water, a drop of semen, the sperm fashioned into an embryo, this embryo fashioned into a shapeless lump of flesh,, fashioned bones, then clothed the bones with flesh and then created the consanguinity and affinity. So, a very strong link between soil and human health has been reported and the great roles of soils in plant and human



nutrition have also have been established. On the other hand, the effect of pollution of soils and their security on human health should be considered. Therefore, this review is an attempt to emphasize the great roles of soils in human creation and health as well as the security of soils under pollution conditions.

When we think of the beginning of time, we think of the universe; the Big Bang, birth of humans, living think, the workings of the world and how things work. This is intellectual thinking. The Quran brings signs of these, mentioning the orbit of the worlds, or planets and Milky Way in an anti-clock wise motion. Scientific discovery found this phenomenon to be universally correct, and this knowledge was within the Quran centuries before scientific discovery. This is the miracle of the Quran; it is mankind who thought clockwise was the normal way. It is our Creator's creation that the world, the universe and everything in it is anti-clockwise. Even in pilgrimage, in the ***Tawwaf*** of the ***Ka'bah***, we rotate anti-clockwise seven times.

The rising of the sun and moon, east to west, is anti-clockwise.

**Please visit:**

QUR'AN AND MODERN SCIENCE - COMPATIBLE OR INCOMPATIBLE? | QUESTION & ANSWER | DR ZAKIR NAIK <https://youtu.be/-X0dkIipNr0>



Orbits and The Rotating Universe - The Miracles of the Qur'an [https://youtu.be/ZwGM\\_IFMkTY](https://youtu.be/ZwGM_IFMkTY)

Thousands of Muslim worshippers perform prayers around the Kaaba [https://youtu.be/iHG\\_maN-Dc0](https://youtu.be/iHG_maN-Dc0)

Chirag Asks Dr Zakir, "Because you were Born in a Muslim Family you are Endorsing Islam..."  
["https://youtu.be/i8gPSF4zXls"](https://youtu.be/i8gPSF4zXls)

Dr Zakir Naik Agrees to Debate with Sadhguru Jaggi Vasudev <https://youtu.be/4UONGyCSZg>

Allah says in Qur'an: **(2:164) Surah Al-Baqarah.**

Indeed, in the creation of the heavens and earth, and the alternation of the night and the day, and the [great] ships which sail through the sea with that which benefits people, and what Allah has sent down from the heavens of rain, giving life thereby to the earth after its lifelessness and dispersing therein every [kind of] moving creature, and [His] directing of the winds and the clouds controlled between the heaven and the earth are signs for a people who use reason.

Qur'an: **(36:38-40) Surah Ya SIN.**

“And the sun runs [on course] towards its stopping point. That is the determination of the Exalted in Might, the Knowing. And the moon – We have determined for its phases, until it returns [appearing] like the old date stalk. It is not allowable for the sun to



reach the moon, nor does the night overtake the day, but each, in an orbit is swimming.”

### **Please visit**

Orbits and The Rotating Universe - The Miracles of the Quran [https://youtu.be/ZwGM\\_IFMkTY](https://youtu.be/ZwGM_IFMkTY)

### **Quranic verse about counter clockwise orbit.**

**Now**, we talk about the wisdom of water, if water becomes extremely rigid and solid ice, it becomes dangerous to touch and may burn our skins, so we fear it. On the opposite scale, if the water boils becomes extremely hot so much that it becomes like vapour, it will also burn us. So by Allah’s mercy, he created environments that were habitable and liveable, so it could become comfortable for all living beings. So, we praise, worship and we hope to become good Muslims, to thank our Creator Allah for his bounties upon us. We say Alhamdulillah...

If no enough information please Google it of “AL-QURAN said human created from water”

(AL-Qur’an 20:55, 39:6, 75:37, 53:45 and 46)

**Please visit** [www.islam-guide.com](http://www.islam-guide.com)

### **And then**

Peace Vision of Islam by Dr Zakir Naik | Part 01  
<https://youtu.be/ClAC-GDFjqA>

The Role of a Muslims in a Non-Muslim Society by Dr Zakir Naik | Part 1 <https://youtu.be/L5iJkVYnylo>



IS ISLAM THE SOLUTION FOR GLOBAL UNITY AND PEACE | LECTURE | DR ZAKIR NAIK

**<https://youtu.be/JyviVAMEk08>**

IS ISLAM THE SOLUTION FOR HUMANITY? | QUESTION & ANSWER | DR ZAKIR NAIK

**<https://youtu.be/kSx76w167lQ>**

The Big Questions: Who Made Me and Why am I Here? - Dr. Laurence Brown.

**<https://youtu.be/rxNYmulYlh4>**

Where is the Christ in Christianity? - Dr. Laurence Brown | Interfaith Issues. **Episode 1**

**[https://youtu.be/fBUA7qTVHyA?list=TLPQMDUwNzIwMjCc3eJlqyHH\\_Q](https://youtu.be/fBUA7qTVHyA?list=TLPQMDUwNzIwMjCc3eJlqyHH_Q)**

Original Sin - Dr. Laurence Brown | Interfaith Issues - **Episode 2.**

**[https://youtu.be/BGPwDs2jZUw?list=TLPQMDUwNzIwMjCc3eJlqyHH\\_Q](https://youtu.be/BGPwDs2jZUw?list=TLPQMDUwNzIwMjCc3eJlqyHH_Q)**

How I came to Islam - Dr. Laurence Brown | Interfaith Issues. **Episode 3.** **<https://youtu.be/5Gr54pYc3Ak>**

The Evidence that Muhammad (ﷺ). Is a Prophet of God - (part 1) - Dr. Laurence Brown

**<https://youtu.be/xiCeUWCEi0Q>**

**Please visit :**

**[Dr. Laurence Brown. Wwww level true.com.](http://www.leveltrue.com)**





➤ **Importance of Wearing Hijab for Women.  
Women in Islam, in the Qur'an**



\*What is also important is for women to wear the Hijab and covering appropriately.

If women are married one of the most important things to know is to please the Husband is the please Allah or Ridho Husband is Ridho Allah so if the Wife going out or working has to be permission of the “Husband” the lastly the man and women haram to shake hand each other except for the mahram. **(Dalil AL-Qur'an in Al-Ahzab 33:59, An-Nur 24:31)**

**Hijab** gives the women an air of authority, dignity, and respect. Only those who are well behaved can expect admire, We can earn these blessings while performing good deeds for the pleasure of Almighty Allah and wearing Hijab is also one of the acts of good deeds and obedience to Allah Almighty.

Indeed, the Muslim men and Muslim women, the believing men and believing women, the obedient men and obedient women, the truthful men and truthful women, the patient men and patient women, the humble men and humble women, the charitable men and charitable women, the fasting men and fasting women, the men who guard their private parts and the women who do so, and the men who remember Allah often and the women who do so - for



them Allah has prepared forgiveness and a great reward.

**Please visit :**

What Islam really says about women | Alaa Murabit  
**<https://youtu.be/FETryXMpDI8>**

A Conversation with Ingrid Mattson  
**<https://youtu.be/LXzPV2G5PFg>**

Ingrid Mattson | The HEART of COMPASSION | 2017  
Festival of Faiths **<https://youtu.be/FpKKB-4nGDw>**

What it's like to be a Muslim in America | Dalia  
Mogahed **<https://youtu.be/wzkFoetp-M>**

She went with Bibles to convert Muslims – Then look  
what happened! Most Amazing Story  
**<https://youtu.be/OrM9RT8n5tU>**

Tips For Fulfilling Five Salah A Day With Smiling On  
Time | Mufti Menk. **<https://youtu.be/klxi9rPgpPc>**

Did you judge me? Transform stereotype, racism, and  
your world | Zamina Mithani | TEDxStanleyPark  
**[https://youtu.be/e\\_QsI0hU\\_g](https://youtu.be/e_QsI0hU_g)**



## ➤ **Wearing Hijab very Importance in Islam**



Islam has introduced Hijab as part of the decency and modesty of Muslim women. Most Muslims who wear the covering call it a Hijab, which is an Arabic word meaning “cover”. Women veiling or Hijab is an Islamic Dress code For Muslim Women.

**Allah says in Holy Quran.** “This is more appropriate so that they may be known [as Muslim women] and thus not be harassed [or molested].” Qur’an, (33:59).

### **Please visit**

Why Hijab is Obligatory in Islam <sup>HD</sup> □ Mufti Menk □  
Dakwah Team [\*\*https://youtu.be/Op60G9i\\_Jx8\*\*](https://youtu.be/Op60G9i_Jx8)

Why Hijab in Islam | Mufti Menk  
[\*\*https://youtu.be/JOKQPUywl6c\*\*](https://youtu.be/JOKQPUywl6c)

Divine Protection From Evil Eye Sister Dunia Shuaib  
[\*\*https://youtu.be/vIbZTj-fdoc\*\*](https://youtu.be/vIbZTj-fdoc)

Want to have better communication in your family? by  
Dunia Shuaib (ICNA-NorthEast Convention)  
[\*\*https://youtu.be/yIcnQf12GPE\*\*](https://youtu.be/yIcnQf12GPE)

The Psychological Effects of Doing Good and Forbidding  
Evil by Dunia Shuaib | ICNA-MAS Convention  
[\*\*https://youtu.be/PimVw0LomLs\*\*](https://youtu.be/PimVw0LomLs)



No Ambiguity On Hijab In The Quran | Mufti Menk  
& Dr Yasir Qadhi.

**<https://youtu.be/RhGWLpshYxc>**

**Definitely if Muslim women leaned and practising  
"Islam" they will do like to wearing "HIJAB".  
Because Muslim is "Purpose of life for human  
kind, who have intellect"**

The Muslim on the airplane | Amal Kassir |  
TEDxMileHighWomen

**[https://youtu.be/UIAm1g\\_Vgn0](https://youtu.be/UIAm1g_Vgn0)**

The flight that changed my life Samah Safi Bayazid  
TEDxTysons. **<https://youtu.be/NkQzEWkNrK8>**

I'm bored of talking about Muslim Women |  
Suhaiymah Manzoor-Khan |  
TEDxCoventGardenWomen

**<https://youtu.be/ZFEqdeuAkoM>**

Calling on the 10,000 | Noor Tagouri |  
TEDxFoggyBottom **<https://youtu.be/jgnqlZUI4n8>**

Outnumbered: Too many Muslims, too many  
demands? | Lucy Bushill Matthews |  
TEDxGuildford **<https://youtu.be/jpRgwbglEfs>**



➤ **Social Benefits of Wearing Hijab for Women.**  
**Social Benefits of Wearing Hijab**



**Women veiling** has generally observed a modest Muslim style of dressing offers so many social benefits which we will discuss.

**Protects from Male Harassment:** The woman who wears Hijab attracts less attention of lustful eyes than the woman walking openly. Men view the Hijab like a sign that says off limits and thus do not approach such women. Muslim women, by and large, have a low chance of being exploited for their femininity and beauty in contrast with other women who are not wearing Hijab. It shows that no other man has the right to seek pleasure from them as she is blessed for her husband only.

**Hijab Represents Purity:** The women veiling is viewed as an indication of dignity and purity. It highlights Muslim women as subdued and pure women. Actually, the Hijab acts like a screen

**Hijab increased self-esteem:** Women veiling in Islam between modest Muslim women and the world's evil. By wearing hijab a woman feels safe and protected.

**Wearing Hijab eliminates competition amongst women:** The hijab cuts down on competition among women. In Islam, Women are appreciated for their knowledge, piety, and contribution to society. When women wear hijab one finds that the most beautiful women are not necessarily the most



popular. Rather, not just superficial physical traits. By wearing hijab, Muslim women can go about their normal duties without worrying about impressing other people.

Women veiling places focus on intellect: Hijab benefits Muslim women by forcing people, particularly men, to focus on the women's intellect. Comparatively assessing woman for her mind, while the society usually appraises her based on physical traits, not her intellect.

**A woman is assessed** for her mind, and kind of prevents us from buying too heavily into fashion and placing too much importance on outer appearance. We just happily wear as we believe that Allah Almighty has instructed and get on with life.

Hygienic Purposes: All public should wear Hijab or head-covering workers serving society to ensure cleanliness and purity. Workers in a number of professions wear “veils” – nurses, fast food workers, restaurant workers and servers, doctors, health care providers and many more. So we can say Hijab has so many social benefits that we can get with pleasing Almighty Allah. We can earn blessings from Allah in both worlds in this life and hereafter too.

### **Please visit**

Women and the Veil-Convocation Video. DHC 2011  
**<https://youtu.be/g0ujgddD8gk>**

Strengthening Our Relationship with Allah. by  
Yasmin Mogahed **<https://youtu.be/TEwOZiUURKE>**

Keajaiban Ibadah Haji - Heart to Heart with Dewi  
Sandra **<https://youtu.be/y1ESa-onSjY>**



Yasmin Mogahed: A Secret Path to Happiness  
<https://youtu.be/tnsRwSN1O1Y>

How to Manage STRESS <https://youtu.be/ay-1dQ33VEU>

Wardah Heart to Heart with Dewi Sandra - Episode 1:  
Ayana Jihye Moon [https://youtu.be/6vjag\\_8Djg8](https://youtu.be/6vjag_8Djg8)

Stay Spiritually Afloat | Yasmin  
Mogahed #MASCON2017  
<https://youtu.be/II6EB3zBDOI>

Three Practical Steps to Maximize Your Legacy | Dr.  
Yasir Qadhi <https://youtu.be/1cmCBSrG2a4>

Ultimate Happiness: The Face of Allah (swt) by Yasir  
Qadhi. 2013ICNA-MASConvention  
<https://youtu.be/RBE7dWDyOu8>

Truth about the Evil Eye: Seeking protection against  
al-'Ayn - Yasir Qadhi | February 2011  
<https://youtu.be/9mzk4vi-tNA>

Who Preserves the Quran? by Sh. Yasir Qadhi (ICNA-  
MAS Convention) <https://youtu.be/E3Ic9fr69OA>

YM Intensive - Stories from the Quran.by Sh. Yasir  
Qadhi <https://youtu.be/j00q3aJ3JMI>

Mohammed Hijab vs David Wood | Tawheed vs Trinity  
| FULL DEBATE! <https://youtu.be/ZyhvQ004yxl>



## ➤ **Scientific benefits of wearing Hijab**



Wearing Hijab protects the heat from the body being lost. Medical tests show that 40-60% heat is lost through the head so wearing a head covering in cold months is very important from the health perspective.

A head covering is very important for hygienic purpose too as mentioned above all public should wear Hijab or head-covering workers serving society to ensure cleanliness and purity. Work wear “veils” – nurses, fast food workers, restaurant workers and servers, doctors, health care providers and many more.

Keep your hair pollution free when you cover your head. Hijab protects the hair from dust and direct exposure to sunlight that may damage the hair.

**Keeping most of your skin shielded** from the sun’s harmful rays the most of the time, preserves your bodies largest organ and keeps it wrinkle free for much longer while wearing hijab and covering the face.

Wearing Hijab does not have demerits and those who wear it have more strength and confidence.

We as Muslim women should make a practice to wear hijab so that we can obey the Almighty Allah and can earn blessings from Him in both worlds. Women who wear Hijab Almighty Allah give them respect as well as keep them pious and free from any disturbance.





## **Please visit**

The Ideal Wife [\*\*https://youtu.be/PbwoUG\\_r9ww\*\*](https://youtu.be/PbwoUG_r9ww)

Are You the Husband Allah Describes? - Khutbah by Nouman Ali Khan [\*\*https://youtu.be/qbA0zesP2ZQ\*\*](https://youtu.be/qbA0zesP2ZQ)

Are You The Wife That Allah Describes? | Family Community Halaqa | Sheikh Abdelhadi  
[\*\*https://youtu.be/SCVzL798Z4o\*\*](https://youtu.be/SCVzL798Z4o)

Love Before Marriage

[\*\*https://youtu.be/iRYFYTTIB10\*\*](https://youtu.be/iRYFYTTIB10)

This is Why Love Doesn't Stay after Marriage  
[\*\*https://youtu.be/R2XB9XmoXaM\*\*](https://youtu.be/R2XB9XmoXaM)

5 Simple Things You Should Do For A Happy Marriage  
□ - Best Marriage Advice Ever!  
[\*\*https://youtu.be/gqqrMbJ7bKk\*\*](https://youtu.be/gqqrMbJ7bKk)

Happy Marriage Life

[\*\*https://youtu.be/EsgNkIw6crl\*\*](https://youtu.be/EsgNkIw6crl)

**Husbands are the Guardian of their Families.**

**Woman and man** are the wheels that make a vehicle work – however, men are given a larger portion of qualities that make them stronger in terms of guarding their families:

### **Translation:**

**“Men are the maintainers of women, because Allah has made some of them to excel others...”** (Quran 4:34).



**Islam has given men the responsibility of supporting their women and their families.**

According to our **Prophet (PBUH)**,

*“Men are the guardians of their families and it is the responsibility of every guardian to guard those who fall under his own guardianship.” –*

(Mustarded, vol 2, p 550).

**Please visit**

How To Live Happily Ever After Growing In Marriage | Mufti Menk <https://youtu.be/zu2qgdhShQc>

**For Husbands Be More Loving and Caring To Your Wife.**

A man should understand that the woman he marries also has her own rights and desires towards her life, freedom and expectations from his husband – she must not be taken as a servant. Therefore, it is



➤ **Husbands are guardian of their Families.**

important that he meets the requirements of his wife, while a wife meets her set of requirements.



In the modern age, the status of men and women is often the topic of arguments or discussions. Islam has given great focus on balanced and ethical marriage that leads to happy families and married couples.

Our religion has explained to the Muslim Ummah a number of aspects – from the rights of husband and wife to men and women and from children to parents – the requirements for every individual and their status are briefly stated with examples of Holy figures and evidences.

However, due to the social custom and pressure, the requirements are twisted into patterns in order to meet the wants and needs of the society\_ and not the religion (Islam).



**Please visit:**

Rights of a Wife in Islam - Dr Zakir Naik

**[https://youtu.be/tXwatho\\_mIE](https://youtu.be/tXwatho_mIE)**

How To Live Happily Ever After Growing In Marriage |  
Mufti Menk **<https://youtu.be/zu2qgdhShQc>**

5 Simple Things You Should Do For A Happy  
Marriage ☐ - Best Marriage Advice Ever!

**<https://youtu.be/gqqrMbJ7bKk>**

Recep Tayyip Erdo☐an's daughter Speaks  
up(Sümeyye Erdo☐an)

**<https://youtu.be/thNSyZWD-H8>**

Dr Zakir Naik scientifically & logically proves to an  
Atheist the Existence of Hell & Heaven

**<https://youtu.be/rUf9i79u7vI>**

If everyone's God is the same, then why  
many Religions? By Dr Zakir Naik

**<https://youtu.be/6LC1X8BR63A>**

Rahul Asks Dr Zakir Naik why Allaah is  
Egoistic...?

**<https://youtu.be/vpRFKIIztbM>**



### 3. Introduction MUSLIM?

We live in this earth for a journey so we must have some sort of “GPS” from the mother’s womb, to the grave, to the Hereafter (our destination).

Question: What sort of “GPS” should we have?

Introduction.

Being Muslim is the biggest blessing; we live in this world in to attempt to attain the highest degree of righteousness so that we are conscious of ALLAH our Creator.

Only a good Muslim seeks to look for truth, learn and practice what they have been taught, and try to uphold their morals to the best of their abilities.

**“This means a Muslim is a Worshipper”.**

**Evidence- AL-BAQARA 163.** Your god is one God. There is no deity (worthy of worship) except Him. **The Entirely Merciful, the Especially Merciful.**

So theologically; the meaning of Muslim is a word under the banner of the one from Islam, which is wisdom from Allah. Even from our father Adam, Ibrahim and so on up to building the Ka’bah and the last a Prophet Muhammad PBUH, all of those are symbols of the unity of the **“Muslim Ummah”**.

Therefore generally speaking we can say all creation are worshiping Allah, because worship means to **follow, love, respect, surrender, submit, obey and serve the Creator.**



However Muslim obeys the will of the Creator. Allah through the Prophet Allah ordered to us to love all creation from animate to inanimate objects, so to do this we can also distinguish 2 characteristics of a Muslim.

1. Habelum Minallah, the only submit all 7 attribute to the Creator that Allah which is follower, love, respect, surrender, submission, obedient and servitude.
2. Habelum Minannas, Allah ordered to us same attribute to love and respect all creation, from animate to inanimate objects.

However other people Judaism, Catholicism, Christianity, Protestant, Hinduism, Buddhism, Atheism, also secularism strands of religion was originally from Islam, including 72 of sectors of Islam which are Shiah, Sunni, Sufism, Islam Democratic, Islam Nusantara, Islam Liberal, Secularism and so on, there are ruination and destruction of Muslim from the wicked and careless interpretations of Islam from people who have agendas.

### **Please visit**

The Role of a Muslims in a Non-Muslim Society by  
Dr Zakir Naik | Part 1

**<https://youtu.be/L5iJkVYnylo>**

Muslim World or Ummah? Origins, Content, and  
Evolution of Pan-Islamic Thought.

**<https://youtu.be/b5mhKzqI1QY>**



Living Islam: Serving Humanity by Lauren Booth  
**<https://youtu.be/kAqAqOfwdU0>**

Why are we Muslims and not Christians? – Dr.  
Laurence **Brown**

**<https://youtu.be/GAuXTTyW5f4>**

Can the Muslim Ummah Unite Again Under One  
Nation & Leadership which was Abolished in 1923?  
**<https://youtu.be/MgtdxGLvz-U>**

HOW TO GET WHATEVER YOU WANT FROM ALLAH?  
**<https://youtu.be/IK5PLHMgPOM>**

DON'T WORRY ALLAH WILL TAKE CARE OF YOU  
**<https://youtu.be/XrT4ERBfu60>**

How I came to Islam - Dr. Laurence Brown | Interfaith  
Issues - Episode 3 **<https://youtu.be/5Gr54pYc3Ak>**

A Christian Minister's Conversion to Islam – Dr.  
Jerald Dirks on TheDeenShow (Part 1)  
**<https://youtu.be/dOZSrPF5GNo>**



#### 4. Who is MUSLIM?

**We have to consequent condition respect to Islam completely with IMAN and IHSAN for Human being or Humankind, because Muslim is....**  
**“Purpose of live for humankind or Being who have Intellect”.**

Lastly, **Please visit**

The Purpose of Creation - Dr Zakir Naik  
<https://youtu.be/Fd0xgAUH4DY>

Being a Muslim is the biggest blessing for humankind, who have ***“intellect”***.

***Humans*** are accountable, our Maker gave us intellect which is not free, yes we can choos good or bad, and because intellect is mankind’s greatest trait, it’s misuse can make us worse than animals.

So if Muslims use their intellect, Muslim can become role models for human being no doubt, but that is not necessarily the case today.

To prove what Allah says in the AL-Qur’an (2:2) Surah AL-Baqarah.

**This is the Book about which there is no doubt, guidance for those conscious of Allah.**

\*Question answer about we have to have “GPS” from explanation video Khalid Yasin





## **Please visit**

The Third Ticket <sup>HD</sup>  Powerful Islamic Reminder  
**<https://youtu.be/XQ72bgudVWO>**

Khalid Yasin - Where Are You Going?  
**<https://youtu.be/JndFBFGVOC8>**

Who is Allah? <https://youtu.be/Bj62vrD6k-0> Allah  
Is The Light **<https://youtu.be/4B0-egCQGto>**

Allah Is Close To You Mufti Menk  
**<https://youtu.be/2ZH3T> (ICNA-MAS Convention)**  
**<https://youtu.be/E3Ic9fr69OA>**

The Qur'an: The Eternal Living Miracle of God ~ Dr.  
Yasir Qadhi **<https://youtu.be/WHz4eNssQYw>**

Ultimate Happiness: The Face of Allah (swt) by Yasir  
Qadhi. 2013 ICNA-MAS Convention  
**<https://youtu.be/RBE7dWDyOu8>**

The first story in the Qur'an - Surah al-Qalam by  
Yasir Qadhi | March 2012  
**<https://youtu.be/54G774UUhIA>**

Allah is All I Need <https://youtu.be/YDbqrsu2nEg>  
Trusting Allah **<https://youtu.be/1P5yugoimTU>**

The Power Of Choice <sup>HD</sup>  Powerful Reminder  by  
Sheikh Moutasem Al Hameedi  TDR Production   
**[youtu.be/XRzfmFgsTdw](https://youtu.be/XRzfmFgsTdw)**

Islamic Daily Prayer | Ingrid Mattson | 2017 Festival  
of Faiths



**<https://youtu.be/u0Ybhk9ZcQ0>**

Purity, Simplicity & Balance by Dr. Ingrid Mattson

**[https://youtu.be/QN\\_BNv-XT\\_s](https://youtu.be/QN_BNv-XT_s)**

Cole Lecture delivered by Dr. Ingrid Mattson - Day One **<https://youtu.be/pe8gPUs-JeM>**

Islam, Judaism, and Christianity – The Conversation Continued

**<https://youtu.be/tWt0lww3Qg8>** .

The Qur'an is miracles, the language, the message miraculous away of life we living today is prove completely.

**[https://youtu.be/rU9mImC62\\_A?list=PL\\_wnukGiSiWYUMwvcFXaf\\_L1nYscFWhmI](https://youtu.be/rU9mImC62_A?list=PL_wnukGiSiWYUMwvcFXaf_L1nYscFWhmI)**



**To Conclude,  
I hope this book  
Will not only be read,  
But absorbed and lead  
To Hidayah and Taufiq.  
“Inshaallah”**

**To sum up and to end up this book**

**I am**

**Nurman Syarif**

**[bignurman@gmail.com](mailto:bignurman@gmail.com)**

**Very humble the composer this book**

**Guide to living in this Earth**

With sincerity

**“Thank you”**